

Arts Ballet :: Level 4: Beginning Advanced Program :: Upper School Company

Level 4 a/b Core Program & Electives, Unlimited Classes, Many Roles in Performances, and Free Rehearsals

Notes:	Age/Skill	Class Name	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Counts towards 4+ Pointe Hours/week
5-Days per Week CORE Program Options. Tuition at Individual Max/Unlimited \$300/mo for 9-payments Sept-May ~or~ \$269/mo for 10-payments Aug-May									
Core 5-day	Skill	Ballet 4 M/Tu/Th/Fri/Sat (Note: 6-7:00pm - Option to take Modern C/D or Beg/Int Tap Monday before ballet)	6:00-8:30	5:50-8:30		6:00-8:30	4:30-7:30	9:00-12:00	x
Core 5-day light	Skill	Ballet 4 M/Tu/Th/Fri/Sat (Note: *Dancers May Take Modern either from 6-7pm Monday OR 4:30-5:30 Friday, to lighten hours.)	6:00-8:30 or ballet class only 7:00-8:30	5:50-8:30		6:00-8:30	4:30-7:30 or 5:30-7:30	9:00-12:00	x
4-Days per Week CORE Program Options. Tuition at Individual Max/Unlimited \$300/mo for 9-payments Sept-May ~or~ \$269/mo for 10-payments Aug-May									
Core 4-day with Tuesday (Tuesday Repertoire/Pointe & Corps de Ballet (Fall Snowflakes)	Skill	Ballet 4 M/Tu/Fri/Sat	6:00-8:30	5:50-8:30			4:30-7:30	9:00-12:00	x
Core 4-day with Thursday (Thursday Conditioning/PBT/ Pas de Deux, Thur. Rehearsals)	Skill	Ballet 4 M/Th/Fri/Sat Note: Missing Tuesday will cast dancer out of Snowflakes in Fall Nutcracker	6:00-8:30			6:00-8:30	4:30-7:30	9:00-12:00	x
Core 4-day w/o Friday (ballet heavy, no battle scene leads on Friday, Battle scene role Mon)	Skill	Ballet 4 M/Tu/Th/Sat Note: Missing Friday will cast dancers out of Rats & Lead Dolls in Battle Scene in Fall Nutcracker & Ciara/Kellie's pieces for Port Warwick in October. Battle scene smaller part Monday/TBD.	6:00-8:30	5:50-8:30		6:00-8:30		9:00-12:00	x
Core 4-day light (may choose slightly shorter hours on either M or F, not both, need to take one modern tech)	Skill	Ballet 4 M/Tu/Fri/Sat (Note: *Dancers May Take Modern either from 6-7pm Monday OR 4:30-5:30 Friday, to lighten hours.)	6:00-8:30 or ballet class only 7:00-8:30	5:50-8:30			4:30-7:30 or 5:30-7:30	9:00-12:00	x
Notes:	Age/Skill	Class Name	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Counts towards 4+ Pointe Hours/week

	Notes:	Age/Skill	Class Name	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Counts towards 4+ Pointe Hours/week
	3-Days per Week CORE Program Options. Tuition at Individual Max/Unlimited \$300/mo for 9-payments Sept-May ~or~ \$269/mo for 10-payments Aug-May									
Option 7:	Core 3-day (Ballet, Pointe and Snowflakes Tuesday, Modern/Rotating Dance and Ensemble Friday, Saturday Ballet Pointe and Rep CORE)	Skill	Ballet 4 Tu/F/Sat Note: Missing Friday will cast dancers out of the Battle Scene in Fall Nutcracker, Missing Thursday will miss Thursday Repertoire casting and Pas de Deux		5:50-8:30			4:30-7:30	9:00-12:00	x
Option 8:	Core 3-day Ballet Focus, (Note: No Modern Tech on Monday/Friday, Ballet, Pointe, Conditioning, Rehearsals)	Skill	Ballet 4 Tu/Th/Sat Note: Missing Friday will cast dancers out of Rats/Lead Dolls in Battle Scene in Fall Nutcracker & Ciara/Kellie's pieces for Port Warwick in October. Battle scene smaller part Monday/TBD.		5:50-8:30		6:00-8:30		9:00-12:00	x
Option 9:	Core 3-day Contemporary Focus (Both Modern/Contemporar y classes Monday and Friday)	Skill	Ballet 4 M/F/Sat (note missing Tu ballet will cast dancer out of Snowflakes in Fall and a major Corps de Ballet piece in Spring. Dancers taking only 2 ballet technique classes/week cannot qualify for pointe unless they train 1+ more hour of ballet/week to reduce injuries. Dancers can do this in any level 1-4 ballet class.	6:00-8:30				4:30-7:30	9:00-12:00	This schedule has 3 hrs ballet technique M/S, recommended to add one more hour ballet technique for pointe. Ask Ms. Brooke.
Option 10:	Customize. Please allow us to advise our Advanced Dancers on their classes and any questions or conflicts. Make a counseling appointment with Ms. Brooke. Thank you!									
	Electives:									
	<i>Take any level 3 and under class and/or apply to be a class assistant for levels 2b and under.</i>			Level 2a or 2b 4:45-6pm 2a/2b	Storybook & Pre-Ballet A & B 5-6pm, Level 1a/1b 6-7:45pm	Level 2a or 2b 4:45-6pm 2a/2b Performance/Rep 6-7:00pm	Pre-Ballet A & B 4:15-5:15, Jazz/Tap 5:15-6:00, Level 1b 6-7:45			x
		Skill	Beginner-Int. Tap (in place of Modern C Tech, recommend coming Fridays to replace missed modern technique)	6:00-6:45/6:50						
		Skill	Modern C/D Monday Technique	6:00-7:00						
		Skill	Modern C/D or D/E Friday Technique					4:30-5:30		
		Levels 3-6 (2bc*)	Int/Adv Rotating Dance Styles, Contemporary, Jazz, Musical Theater, etc.					5:30-6:30		
	Battle Scene, PWWF Piece, and Spring Ballet extras	Levels 3-6 (2bc*)	INT/ADV Ensemble (may not take alone)					4:30-7:30 or 5:30-7:30		